

UCI 1.2 TOUR OF TOBAGO

Sunday, October 6th. 2013



TECHNICAL GUIDE & REGULATIONS

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Event Chairman - Jeffrey Charles

38 Regent Drive East, Regent Park

Westmoorings, Trinidad.

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Event Staff

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Communications Coordinator - Sonya Hernandez

Volunteer Director - Sterling Piper

Rowena Williams - TTCF President - rowena_1@hotmail.com

Gregory Dandrade - TTCF Racing Chairman

Frank Gittens - TTCF Racing Committee Member

Event Support

Neutral Technical Support - Trinidad & Tobago Cycling Federation

Timing & Results - Trinidad & Tobago Cycling Federation

Announcers - Ronald Dickie Jr.

Radio Tour - REACT

Commissaires

President of Jury - Andrew McCord

National Commissaire: Gregory D'Andrade

National Commissaire: Kirt Cunningham

Chief Judge: Frank Gittens

Line Judge: Kirt Cunningham

Race Recorder: Janelle Celestine

Motor Commissaire: Robert Farrell

Motor Commissaire: David Baird

Motor Commissaire: Shannon Metiever

UCI Technical Delegate - Pierre Hutsebaut

Section 1 – Specific Regulations:

Article I. Organization

The Tobago Cycling Classic is organized by Trinbago Wheelers under the regulations of the International Cycling Union (UCI). It is to be held October 6, 2013.

The Event Chairman and organization's address is:

Jeffrey Charles

38 Regent Drive East, Regent Park

Westmoorings, Trinidad.

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Article II. Type of Event

The event is entered on the UCI America Tour calendar and is registered as a class 1.2 event. The scale of UCI Points to be awarded is listed in the Prize List table.

Article III. Participation

As per UCI 2.1.005 the event is open to UCI Pro Continental Teams (Tobago), UCI Continental Teams, National Teams, Regional and Club Teams. All riders on a team must be registered by their home country's federation and on that team. Mixed teams are not allowed. Amateur riders must be category/division 1 riders to participate.

As per UCI 2.2.003 teams must be formed of a minimum of five and a maximum of eight riders.

Article IV. Race Headquarters

The race headquarters will be open starting on Tuesday October 1 from 8:00 am until Sunday October 6 one hour after the conclusion of the event. The office is located at Johnston Apartments at Crown Point Village.

Article V. Confirmation of Riders

No later than 72 hours before the start, teams must confirm in writing the names of riders who will participate and up to two substitute riders.

Team representatives are requested to confirm their starters and collect their race numbers at the race headquarters on Saturday

October 5th. from 3:00 - 4:00 pm. Valid UCI licenses must be presented for riders and the designated Team Manager. The driver's license for the driver of the team vehicle must also be presented for inspection by the commissaires.

The mandatory Team Manager's Meeting will take place at the Johnston Apartments on Saturday October 5th at 5:00 pm. At the end of the meeting, a random draw will take place for caravan position. The draw will be done first for teams in attendance and having confirmed their riders. Teams not in attendance will be drawn second and placed at the back of the caravan.

Article VI. Radio Tour

Caravan radios will be issued at the Manager's Meeting. The radio frequency used will be announced during the Manager's Meeting.

Article VII. Neutral Technical Support

The Trinidad & Tobago Cycling Federation will provide the technical service. Neutral support will be taken care of by means of two cars and two motorcycles.

Article VIII. Feeding

Feeding from vehicles is permitted behind the President of the Commissaires from 30 km in the race until 20 km to go, or at the direction of the President as announced on Radio Tour. Feeding from the road is permitted in the sign-posted feed zone.

Article IX. Medical Services

Primary Emergency Communication: Scarborough General Hospital. Phone: **639-2551 / 2552**. There will be medical personnel in the caravan to treat occurrences in and around the caravan. Two ambulances and a doctor's car will be present.

Article X. Finishing Time Limit

The finishing time limit has been set at 15% of the winner's time. Riders finishing outside of this limit will not be placed. Riders must complete the given distance and finish within the time limit in order to be eligible for any prizes.

Article XI. Classifications

The following classifications will be issued.

Section 11.01 King of the Mountains

The King of the Mountains classification (KOM) will be awarded to the winner on points in the KOM. Points will be allocated 5-3-2-1 for Category 2 Climbs & 8-6-4-2 for Category 1 Climbs. The first four riders at each of the six locations: Englishman's Bay, Parlatuvier, Hermitage, Charlotteville, Speyside, and Belmont Rd. In the case of a tie on points, riders will be separated based on their final order of finish.

Section 11.02 Best Young Rider

The Best Young Rider classification is restricted to riders born on or after 1 January 1991.

Section 11.03 Top Caribbean Cyclist

The Top Caribbean Cyclist is open to riders of the following nations as listed on their UCI license code: Jamaica, Barbados, St Lucia, St Vincent, Antigua, Guyana, and Trinidad & Tobago.

Section 11.04 Top Trinidad & Tobago Cyclist

The top Trinidad and Tobago Cyclist is restricted to riders who are permanent residents of the Islands of Trinidad and Tobago, as proved by government issued documents.

Article XII. Prizes

A grand total of €3470 will be awarded in prize money. See the prize money table on Page 5 for a complete breakdown of prize amounts per category. Prize money will be distributed to the team managers after the official results are posted.

Article XIII. Anti Doping

The UCI anti doping regulations are entirely applicable to the event. All participants, whether they have completed the race or not, will be subject to random drug testing in accordance with UCI anti doping regulations. The numbers of riders that have been selected at random for testing will be posted at the finish area. Riders who have been chosen are obligated to report to the anti-doping facilities no later than 60 minutes from the time they are notified by assigned chaperones. The location will be announced at the Team Manager's Meeting.

Article XIV. Awards Ceremony

The following are to present themselves for the awards ceremony immediately after they finish the event:

- The first 3 finishers
- The King of the Mountains
- The Best Young Rider
- The Best Caribbean Rider
- The Best Trinidad & Tobago Rider (Local Base)

The podium ceremony will be conducted immediately after the winner of the race has been determined. This will take place at the finish line.

Article XV. Penalties

The entire race will be run under UCI road racing rules, and the UCI scale of penalties will apply to any infractions cited at the event.

Article XVI. Controls

A ceremonial pistol shot or whistle will signal the start of the race. This will be under the control of the Commissaires.

Signs will be placed on the course to indicate: the 30th kilometre and then the last 20, 10, 5, and 1 km points. The following distances from the finishing line will be indicated: 500 m, and 200m. The last 1k will be marked with a red flag.

The KOM locations will be marked with a sign at 1 km before and at the line on the road. Feed zones will be marked with signage at the beginning and the end of the zones.

Article XVII. Starts

Mandatory Rider Sign-in will be conducted at starting line on Sunday from one hour before the start until 10 minutes before the starting time. Riders not signing in are not permitted to take the start.

Article XVIII. Results

Results will be posted at Race Headquarters as soon as they become available. Official results will also be posted to the race's official web site: www.trinbagowheelers.com. Team managers providing the organizer with a valid email address will receive the results by email.

Article XIX. Rider Identification

Two (2) body numbers (to be placed on the jersey pockets) and one number (to be placed on cyclist's helmet) will be provided for each rider. They will be given to the team representative after all riders' licenses have been verified by the attending Commissaires.

Section 2 – Caravan & Security Procedures

Article XX. Vehicles

All caravan vehicles must conform to the UCI height regulations of 1.6 meters. Those that do not comply will be placed in the back of the caravan or denied access to the caravan as decided by the President. In no case may full sized vans or mini vans be permitted in the caravan.

Vehicles must be properly marked and are to report to the caravan staging area at least 45 minutes before the start. Drivers are to remain with their vehicles.

All non-caravan staff and those going to the feed zones must depart at least 10 minutes before the start of the race.

Article XXI. Road Closure

The race will be under the protection of the local Police and assisted with local marshals on motorcycles. The principle is the one of a rolling enclosure, not a full road closure. Police vehicles will mark the front and the back of the protected envelope.

Riders that fall behind the rear police escort will be considered outside of the rolling enclosure and must follow the rules of the road, including stopping at traffic signs and signals as mandated.

If a breakaway goes off the front of the field, the enclosure will be kept in place or broken up into exclusive enclosures to protect the safety of the riders.

If the President, informed by race commissaries, determines that a group of riders inside the enclosure is no longer competitive, they will be removed from the enclosure and will have to abide by rules of the road for the remainder of the event.

For safety reasons, riders who are outside of the enclosure and deemed to be out of the time limit during the completion will be asked to withdraw from the race.

Article XXII. Caravan Protocol

- All drivers of caravan vehicles must attend the pre-event driver's meeting, which follows immediately after the Team Manager's Meeting.
- Safety is the primary concern in all situations.
- A licensed Team Manager who has a valid driver's license must drive team vehicles.
- The left lane is reserved for the passage of vehicles moving forward to provide technical support or feed riders. All other vehicles are to remain in single-file to the right-most side of the right lane. Vehicles moving forward for technical support have priority over those moving forward to feed or talk to riders.
- Vehicles dropping back into position are to pull over on the right shoulder.
- All technical service is to be done at a stand-still on the right side of the road.
- The caravan deviation is noted on the course details. All vehicles except for the Race Director, Commissaires, Doctor, and Neutral Support are required to take the deviation. Team Managers may be allowed to go through the finish line if they are following a solo breakaway with a sufficient time gap, but only with the expressed permission of the President of the Commissaires Panel.
- Drivers of team vehicles, photographers, and other staff must receive permission from the Commissaires before passing. They should draw even with the Commissaire's car and state their request. Upon receiving permission, they may proceed with caution. If passing a group of riders, please do not drive on the shoulder. Tap the horn repeatedly while passing groups of riders.
- Managers are reminded that their riders are to indicate requests for feeding and service so the team cars can be called up accordingly. Feeding bottles should be given to one person on the team for all riders to facilitate the feeding process and avoid unnecessary numbers of riders dropping back to the cars.
- Gaps should not be created in the caravan, particularly when riders are returning to the peloton following service.
- As riders come forward through the caravan and pass your vehicle, tap on the horn to alert the vehicle in front of you. Stay to the right side of the road.
- Vehicles that are outside of the police escort are to follow the rules of the road.

Section 3 - Technical Information:

Date: October 6, 2013

Race Distance: 120 kilometers

Sign-In: 6:30 – 7:00 am

Start Time: 7:30am

Approximate Finish Time: 12.00 noon

Rider Staging: Scarborough Water Front

Awards: 15 minutes after race finish

Race HQ: Johnston Apartment, Crown Point

Conversion Rate: Eu = 8.325 TT. The athlete's contribution to the Cycling Anti-doping Foundation (CADF) is included on the calendar fee of those races. In consequence, the organizers of those races are authorized to collect those 2% of minimum prizes to the prizes money paid to the riders. 2% will be deducted from the following amounts:

TOUR OF TOBAGO - PRIZE STRUCTURE - EURO € (paid in TT currency) and UCI Points

	EU	TT			EU	TT
1 st .	1213	10098.24	40 pts	11 th .	29	241.43
2 nd .	605	5036.63	30 pts	12 th .	29	241.43
3 rd .	303	2522.48	16 pts	13 th .	29	241.43
4 th .	163	1356.98	12 pts	14 th .	29	241.43
5 th .	120	999.00	10 pts	15 th .	29	241.43
6 th .	90	749.25	8 pts	16 th .	29	241.43
7 th .	90	749.25	6 pts	17 th .	29	241.43
8 th .	59	491.18	3 pts	18 th .	29	241.43
9 th .	59	491.18	0 pts	19 th .	29	241.43
10 th .	29	241.43		20 th .	29	241.43
				TOTAL:	3021	25149.85

TOUR OF TOBAGO - SPECIAL PRIZES - EURO €

King of the Mountains - € 150.00.

Top Young Rider Under-23 - € 100.00.

Top Caribbean Cyclist Overall - € 100.00.

Top T&T Cyclist Overall - € 100.00.













Section 4 – Tour of Tobago Maps & Course Details:

UCI 1.2 Tour of Tobago Race 2013

Maps and Cue Sheet

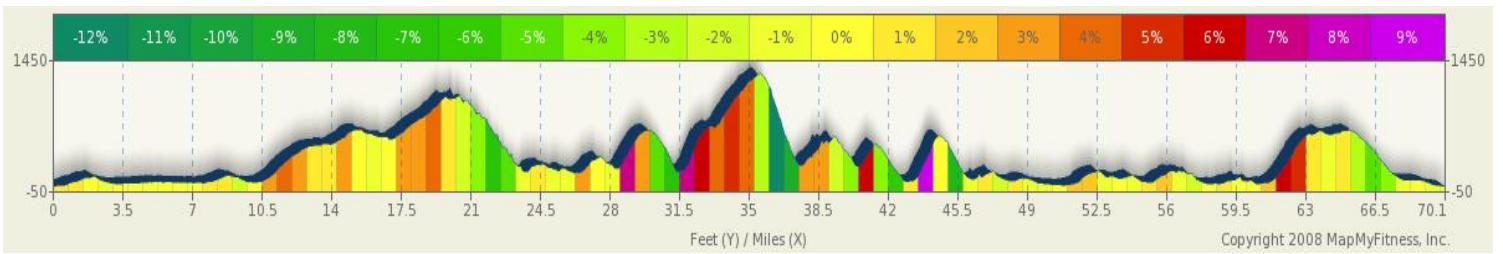
<http://ridewithgps.com/routes/3389897>

Section 22.01 71.8 miles /115.6 kilometers

Leg	Dir	Type	Notes	Miles	KM
			Start at Scarborough, Esplanade		
		West	Milford Rd. to Claude Noel Hwy		
	←	Left	Turn left onto Claude Noel Hwy	1.1	1.7
6.7	→	Right	Turn right onto Shirvan Rd	5.2	8.4
8.3	→	Right	Continue right toward Plymouth Rd	10.4	16.7
3.5	←	Left	Turn left onto Dunveygan Rd	12.6	20.2
1.9	→	Right	Slight right onto Providence Rd	13.8	22.1
1.0	←	Left	Slight left onto Northside Rd	14.4	23.1
7.0	→	Right	Slight right to stay on Northside Rd	18.8	30.2
2.0	→	Right	Continue Right on Northside Rd	20.0	32.2
12.2		Summit	Englishman Bay KOM	27.6	44.4
5.0		Summit	Palartuvier KOM	30.7	49.4
0.0	←	Left	Turn left and stay on Northside Rd	30.7	49.4
8.1		Danger	Landslide!	35.7	57.5
0.8		Summit	Hermitage KOM	36.2	58.3
0.7		Danger	Road Repair works in Progress	36.7	59.0
0.5		Danger	Landslide!	37.0	59.6
5.4		Danger	Rough Narrow Road	40.3	64.9
1.3		Danger	Gravel on Road	41.2	66.2
2.2	→	Right	Slight right onto Windward Rd	42.5	68.4
0.1		Summit	Charlotteville KOM	42.5	68.5
3.1		Danger	Road Repair works in Progress	44.5	71.6
1.9		Summit	Speyside KOM	45.7	73.5
27.4	→	Right	Turn right onto Belmont Rd	62.7	100.9
4.5		Summit	Belmont KOM	65.5	105.4
0.9	←	Left	Turn left to stay on Belmont Rd	66.1	106.3
0.5	↑	Straight	Continue onto Northside Rd	66.4	106.8
2.6	←	Left	Turn left at Providence Rd	68.0	109.4
1.0	→	Right	Turn right at Calder Hall Rd	68.6	110.4
1.2	→	Right	Turn right onto Claude Noel Hwy	69.4	111.7
2.2	←	Left	Turn left onto Milford Rd	70.8	113.9
1.7	↑	Sprint	Finish at Esplanade, Scarborough	71.8	115.6



Alternate Elevation Profile



Section 5 -Tobago Visitors Fast Facts....

You can get to Tobago by air or by sea. Several major airlines make regular and chartered flights to the Trinidad & Tobago. You can catch a flight or ferry to commute between both islands.

ENTRY REQUIREMENTS:

Business travelers and tourists must produce passports valid for three months longer than the intended stay and a return ticket for entry into Trinidad and Tobago. Travelers are cautioned against wearing military or camouflage clothing, as it is illegal in Trinidad and Tobago. Persons dressed in camouflage risk being detained by Customs officials and having the garments confiscated.

HEALTH AND MEDICAL FACILITIES

No special vaccines or precautions are required before your trip to Trinidad and Tobago, however you should pack all prescription medication required for the trip. Tap water is safe to drink, and bottled water is widely available at supermarkets, bars and food stalls.

Trinidad and Tobago have several modern private hospitals and a network of public hospitals, district health centers and community clinics. For divers, Tobago has a recompression facility based at the Roxborough Medical Clinic on the island's northeast coast.

Treatment is free to non residents at all Tobago public health facilities. Walk-ins are welcome, but priority is given to emergency cases.

TOBAGO MAIN HOSPITAL

Fort Street, Scarborough. Tobago

Tel: (868) 639-2551-6

Opening Hours: 24 hours, 7 days a week. In the case of a medical emergency your hotel can recommend doctors, dentists or the nearest public health facility. Pharmacies can be sort in the capital and major towns and are usually open from 8am. until 8pm. - except on Sundays and Public Holidays.

Population: Tobago's population stands approx 54,000.

Currency: The local currency is the Trinidad and Tobago dollar. US dollars are widely accepted at an approximate rate of TT \$6.4 to US \$1. Euros and the Pound Sterling (GBP) can be change in the local Banks. Traveler's cheques and international credit cards are accepted at most hotels, restaurants and malls. ATM machines are located at the airport, banks, malls, cities and towns.

Area: Tobago is approx. 116 square miles (300 sq km) - 26 miles long by 7 miles wide.

Location: Trinidad and Tobago are the most southern islands in the Caribbean, located a mere seven miles off Venezuela's north eastern coast.

Climate & Weather: Trinidad and Tobago has a warm, sunny climate year round. The average daytime temperature is about 28 degrees Celsius. Our islands have two main seasons, the Dry Season, from January to May and the Rainy Season, from June to December. **Banking & Business:**

Banks are open from Monday to Friday. Most retail shops, restaurants, groceries, bars, food vendors etc. are open Monday to Sunday.

Telecommunications: The international dialing code for Trinidad and Tobago is 1-868 followed by seven digits. On the islands, use the seven digits alone.

Laws: Illegal drugs are not allowed into Trinidad and Tobago. Travelers found to be in possession of illegal drugs such as cocaine and marijuana (even a small amount) face serious penalties and jail sentences.

Emergency Telephone Numbers: Ambulance - 990; Fire - 990; Police - 999; Coast Guard - 634-4439 / 4440; telephone operator - 0

For more information on Tobago visit..... www.visittobago.gov.tt