

# Trinbago Wheelers

#38 Regent Drive East, Regent Park, Trinidad.

Phone – (868) 632-3681 / 680-1214

Email – [jeffreycharles57@hotmail.com](mailto:jeffreycharles57@hotmail.com) [www.trinbagowheelers.com](http://www.trinbagowheelers.com)

## TOBAGO INTERNATIONAL CYCLING CLASSIC '2009'

### DIVISION 1

#### OPENING CEREMONY / TECHNICAL MEETING

Wednesday 30 <sup>th</sup> .	5.30 p.m.	<b>Registration &amp; Tech. Brief</b> All Cyclists, Managers, Officials, Media, Sponsors, Police, Red Cross.....	Colours Rest& Bar Milford Road.
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#### STAGE 1 – *Carnbee Time Trial*

Thursday 1 <sup>st</sup> .	6.30 a.m.	Time Trial - 12 km.	INTERNATIONAL
<b>COURSE - Start</b> – Mt. Gomery Junction, (Carnbee) to Buccoo Junction – Left on Shirvan Road to Claude Noel Highway – Left to Auchenskeoch Road to Carnbee..... <b>Finish</b> – at Starting Point (Mt. Gomery) <b>PROFILE</b> – Flat & Fast with minor rolling inclines.- <i>Approx. Race Time – 20 mins.</i>			

#### STAGE 2 – *Carnbee Circuit Race*

Thursday 1 <sup>st</sup> .	2.00 pm.	10 Laps - 110 km.	INTERNATIONAL
<b>COURSE - Start</b> – Mt. Gomery Junction, (Carnbee) to Buccoo Junction – Left on Shirvan Road. to Claude Noel Highway – Left to Auchenskeoch Road Left to Carnbee..... <b>Finish</b> – at Starting Point (Mt. Gomery) <b>PROFILE</b> - Flat & Fast with minor rolling inclines – <i>Approx. Race Time – 2 ¾ hrs.</i> Division 1 - (5) Sprint Primes– Laps 2, 4, 6, 8 & Finish – All Primes at Finish Line.			

#### STAGE 3 – *Whim Circuit Race*

Friday 2 <sup>nd</sup> .	7.30 p.m	100 km. - 5 Laps	INTERNATIONAL
<b>COURSE - Start</b> – Grafton Hotel to Mt. Irvine – Bucco- Shirvan Road – left on Claude Noel Highway, left at Mt. Marie Junction (Under Walk Over). Turn at first right and proceed to Whim. Left on Plymouth Road - Turtle Beach back to starting point at Grafton Hotel. <b>PROFILE</b> - One 3 km. Cat. 2 & 3 Climb per Lap - <i>Approx. Race Time – 3 ½ hrs.</i> Division 1 - (3) Sprint Primes at Starting/Finish Line on Laps 2, 4 & Finish (3) Hill Primes at Whim on Laps 2, 3, 4 & 5			

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## TOBAGO INTERNATIONAL CYCLING CLASSIC '2009'

### FRIDAY AFTERNOON BOAT CRUISE

Friday 2 <sup>nd</sup> .	2.00 p.m.	<b>Buccoo Reef Boat Tour &amp; Picnic</b>	Buccoo Reef / Nylon Pool / No Man's Land
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### STAGE 4 – Scarborough Circuit Race

Saturday 3 <sup>rd</sup> .	7.30 a.m.	15 Laps - 120 km.	INTERNATIONAL
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**COURSE – Start/Finish** – Ashore Court on Milford Road, Scarborough left at Mt. Marie Road, pass Bishops High School to Claude Noel Highway left on Claude Noel Highway, left on Milford Road into Lambeau, left on Old Milford Road, to Shaw Park, right on Orange Hill Road back back to start/finish point.

**PROFILE - Flat & Fast with minor rolling inclines.- Approx. Race Time - 2 ½ hrs.**

**(5) Sprint Primes – Laps 3, 6, 9, 12, Finish**

### SATURDAY AFTERNOON 'PARTY LIME'

Saturday 3 <sup>rd</sup> .	4.00 p.m.	<b>1<sup>st</sup>. PRIZE GIVING Eats - Drinks - Party</b>	Crown Point Hotel GROUNDS
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### STAGE 5 - Tour of Tobago

Sunday 4 <sup>th</sup> .	7.00 a.m.	Road Race - 120 km.	INTERNATIONAL
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**COURSE – Start** - Colours Rest. & Bar, Milford Main Rd. – East on Claude Noel Highway - Scarborough – left on North Side Government House Road – Mason Hall – Moriah – Castara – Palatuvier – Bloody Bay – L'anse Fourmi – Man of War Bay - Charlotteville – Speyside – Roxborough – Bacolet – Scarborough – West on Claude Noel H/Way.... **Finish** - Colours Rest. & Bar.

**PROFILE - Mountainous Terrain - Cat. 1, 2 & 3 Climbs - Approx. Race Time - 4 hrs.**

**(3) Mountain Primes - Palatuvier /L'anse Fourmi / Charlotteville**

### FINAL PRIZE GIVING CEREMONY

Sunday 4 <sup>th</sup> .	4.00 p.m.	PRIZE GIVING FUNCTION	CYCLING VILLAGE
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## TOBAGO INTERNATIONAL CYCLING CLASSIC '2009'

### DIVISION 2

#### OPENING CEREMONY / TECHNICAL MEETING

Wednesday 30 <sup>th</sup> .	5.30 p.m.	<b>Registration &amp; Tech. Brief</b> All Cyclists, Managers, Officials, Media, Sponsors, Police, Red Cross.....	Colours Rest& Bar Milford Road.
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#### STAGE 1 – Carnbee Time Trial

Thursday 1 <sup>st</sup> .	6.30 a.m.	Time Trial - 12 km.	DIVISION 2
<b>COURSE - Start</b> – Mt. Gomery Junction, (Carnbee) to Buccoo Junction – Left on Shirvan Road to Claude Noel Highway – Left to Auchenskeoch Road to Carnbee..... <b>Finish</b> – at Starting Point (Mt. Gomery)			
PROFILE – Flat & Fast with minor rolling inclines.- <i>Approx. Race Time – 23 mins.</i>			

#### STAGE 2 – Carnbee Circuit Race

Thursday 1 <sup>st</sup> .	2.00 pm.	5 Laps - 60 km.	DIVISION 2
<b>COURSE - Start</b> – Mt. Gomery Junction, (Carnbee) to Buccoo Junction – Left on Shirvan Road. to Claude Noel Highway – Left to Auchenskeoch Road Left to Carnbee..... <b>Finish</b> – at Starting Point (Mt. Gomery)			
PROFILE - Flat & Fast with minor rolling inclines – <i>Approx. Race Time – 2 ½ hrs.</i>			

#### STAGE 3 – Whim Circuit Race

Friday 2 <sup>nd</sup> .	7.30 p.m	3 Laps - 65 km.	DIVISION 2
<b>COURSE - Start</b> – Grafton Hotel to Mt. Irvine – Bucco- Shirvan Road – left on Claude Noel Highway, left at Mt. Marie Junction (Under Walk Over). Turn at first right and proceed to Whim. Left on Plymouth Road - Turtle Beach back to starting point at Grafton Hotel.			
PROFILE - One 3 km. Cat. 2 & 3 Climb per Lap - <i>Approx. Race Time – 2 ½ hrs.</i>			

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## TOBAGO INTERNATIONAL CYCLING CLASSIC '2009'

### FRIDAY AFTERNOON BOAT CRUISE

Friday 2 <sup>nd</sup> .	2.00 p.m.	<b>Buccoo Reef Boat Tour &amp; Picnic</b>	Buccoo Reef / Nylon Pool / No Man's Land
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### STAGE 4 – Scarborough Circuit Race

Saturday 3 <sup>rd</sup> .	7.30 a.m.	10 Laps - 80 km.	DIVISION 2
<b>COURSE – Start/Finish</b> – Ashore Court on Milford Road, Scarborough left at Mt. Marie Road, pass Bishops High School to Claude Noel Highway left on Claude Noel Highway, left on Milford Road into Lambeau, left on Old Milford Road, to Shaw Park, right on Orange Hill Road back back to start/finish point. <b>PROFILE - Flat &amp; Fast with minor rolling inclines.- <i>Approx. Race Time - 2 hrs.</i></b>			

### SATURDAY AFTERNOON 'PARTY LIME'

Saturday 3 <sup>rd</sup> .	4.00 p.m.	<b>1<sup>st</sup>. PRIZE GIVING Eats - Drinks - Party</b>	Crown Point Hotel GROUNDS
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### FINAL PRIZE GIVING CEREMONY

Sunday 4 <sup>th</sup> .	4.00 p.m.	PRIZE GIVING FUNCTION	CYCLING VILLAGE Crown Point
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